Religion touches the lives of all of us, regardless of individual beliefs or practices. Yet, something as deeply personal as religion is often reduced to abstract theological tenets. Through this series of candid conversations on heritage and faith, we encourage people to share their experiences and journeys of faith as we consider whether one’s faith can thrive in a culture different than that of one’s heritage. Presenters from all walks of life explore the challenges encountered from varying perspectives.

**July 1–29, 2021**

1–2 p.m. EST  
7–8 p.m. GMT

Zoom Webinar  
Registrants will receive an email with instructions on how to access the webinar.

**July 1**  
**A Happy Medium or Uncomfortable Compromise?**  
Faith + culture + religion + traditions—is there room in your faith to remain in touch with your traditional, cultural, and perhaps, national identity? Raashida Khan and Nolan Stevens examine potential challenges related to this question.

**July 8**  
**Making Connections or Reconnecting to Something . . .**  
Have you embarked on a journey to discover yourself during the pandemic? Have you sought out God or a higher power? Join Qhamisa Mpayipheli and Ndzalama Muvumbi for a thoughtful discussion.

**July 15**  
**Pregnancy, Childbirth and Beyond**  
Boitumelo Tumi Setshedi and Boitshoepo Modipa share their experiences as they embarked on parenthood. Has faith impacted their decisions? Have traditional and cultural practices been observed? Has there been a desire to connect to a higher power since becoming parents?

**July 22**  
**Unpopular Opinion: When Tradition Meets Faith**  
Mtimande Ernest Ngwenya and TliseTso Makhubedu reflect on difficult, often taboo, practices which no longer make sense in the face of embracing a new faith that denounces such traditions. Among these topics are labia stretching, rites of passage for young Xhosa men, or the West African practice of wearing waist beads.

**July 29**  
**Two Strangers and Cup/Glass of . . .**  
Siphamandla Mbatha and Muhammad Shakeel Garda explore similarities and differences in faith and belief systems in this tableside chat.

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